

Course Syllabus: Health

Instructor: Mrs. Robin R. Lee

E-mail/Phone: robin.lee@cherokeechristian.org 678-494-5464 ext: 2122

Course Materials:

Textbook: Bob Jones Health for Christian Schools, The Bible

Additional References: The Holy Bible- ESV version, **I Kissed Dating Goodbye** by Josh Harris, **Trusting God** by Gerry Bridges and other supplemental material on from the internet on modesty and other topics as they are brought up in the curriculum. These references will be used by the teacher only; students are not expected to have these. Additionally, the students will have the **ADAP** material presented in class and take the test for ADAP which is required to issue a certificate for their driver's license.

Class Materials needed: notebook, notebook paper, pens

Miscellaneous All of the information that is on the tests is presented in lecture/discussion format utilizing Power Point presentations. *It is strongly recommended the students take notes during class to assist them in having the information needed to study as the textbook material is updated according to the most recent information available.*

Main Topics include:

- Basic Health Facts
- Body Basics.
- Exercise
- Personal Hygiene
- Nutrition
- Social Health
- Mental and Emotional Health
- Diseases
- Safety
- First Aid
- Drugs, Alcohol, and Tobacco
- Growth and Development

Grading and Scale: There will be three categories for grading. Tests are 55% of the grade, homework will be 30 % and class participation 15% .Grades will be entered for each class for homework and participation. Any papers assigned will count as tests and will be given instead of tests, as well. There will be *no semester finals* in health. Students will lose points in the participation grade for distracting behaviors or talking while the instructor or another student has the floor or for coming to class without their necessary materials (textbook, notebook, etc.) There are three test events planned per quarter and dates will be posted on the calendar in advance.

Homework philosophy: The homework will primarily be completing section review questions and other written homework that will assist students with being prepared for the tests. Homework *will be graded on accuracy of information* as answers are covered during the lecture/presentations or are available in the textbooks. The standard policy for late assignments will apply (one day late 25% off). If a student habitually abuses this late policy, the instructor reserves the right to remove this 'grace'. It is meant to be there for students to plan their work accordingly and utilize on the occasional basis. (i.e. studying for a test in another subject should take precedence over completing health homework and student can then obtain late credit for the homework.) A class calendar will be maintained throughout the year and can be accessed with this link:

[Mrs. Lee's Health class](#)